

# Gold's Summer Youth Fitness Programs

## June Class Schedule - Session Dates: 6/18 – 6/29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00	12:00	12:00	12:00	12:00
1:00	1:00	1:00	1:00	1:00
2:00	2:00	2:00	2:00	2:00
3:00 Gold Rush 101	3:00	3:00 Gold Rush 101	3:00	3:00 Gold Rush 101
4:00 Gold Rush 102	4:00	4:00 Gold Rush 102	4:00	4:00 Gold Rush 102
5:00	5:00		5:00	5:00

## July Class Schedule - Session Dates: 7/9 – 8/3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00 Gold Rush 101 <b>A</b>	12:00 Gold Rush 101 <b>B</b>	12:00 Gold Rush 101 <b>A</b>	12:00 Gold Rush 101 <b>B</b>	12:00 Gold Rush 101 <b>A</b>
1:00 Gold Rush 102 <b>A</b>	1:00 Gold Rush 102 <b>B</b>	1:00 Gold Rush 102 <b>A</b>	1:00 Gold Rush 102 <b>B</b>	1:00 Gold Rush 102 <b>A</b>
2:00	2:00 Go For Gold 201	2:00	2:00 Go For Gold 201	2:00
3:00	3:00 Go For Gold 202	3:00	3:00 Go For Gold 202	3:00
4:00 Solid Gold 302	4:00 Solid Gold 301	4:00 Solid Gold 302	4:00 Solid Gold 301	4:00 Solid Gold 302
5:00	5:00	5:00	5:00	5:00

## August Class Schedule - Session Dates: 8/6 – 8/31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00 Gold Rush 101 <b>A</b>	12:00 Gold Rush 101 <b>B</b>	12:00 Gold Rush 101 <b>A</b>	12:00 Gold Rush 101 <b>B</b>	12:00 Gold Rush 101 <b>A</b>
1:00 Gold Rush 102 <b>A</b>	1:00 Gold Rush 102 <b>B</b>	1:00 Gold Rush 102 <b>A</b>	1:00 Gold Rush 102 <b>B</b>	1:00 Gold Rush 102 <b>A</b>
2:00	2:00 Go For Gold 201	2:00	2:00 Go For Gold 201	2:00
3:00	3:00 Go For Gold 202	3:00	3:00 Go For Gold 202	3:00
4:00 Solid Gold 302	4:00 Solid Gold 301	4:00 Solid Gold 302	4:00 Solid Gold 301	4:00 Solid Gold 302
5:00	5:00	5:00	5:00	5:00